



Did you know...?

Forget the coffee machine or even chocolates – living plants the preferred choice for office workers

A third of people who were asked to choose between a coffee machine, fruit baskets, a vase of flowers, chocolates and living plants for their office, chose living plants first, a recent study has revealed.

A survey of 129 companies earlier this year in New Zealand and Australia revealed over a third were more inclined to living plants with 33% choosing them first. The next choice was a coffee machine (24%), followed by a vase of flowers (23%), fruit baskets (12%) and chocolates was the choice of only 8%.

“We were surprised by the result – we certainly thought that people would see greater benefit in something they could consume rather than just enjoy! Perhaps



it is a sign of the times, with workplaces putting more value on health and well being these days” said the Pacific Regional Director for **Ambius**, Mr Ray Borg.

“It is also possibly due to a growing awareness of the current research work, on plants’ contribution to indoor air quality and productivity” said Mr Borg.

Other findings from the study included:

- 84% felt that a healthy, living plant at their desk made them feel more relaxed;
- 83% felt more uplifted with a plant around;
- 83% felt that plants made the office feel more welcoming;
- 88% said plants helped improve the overall office mood;

- 78% felt that plants helped improve indoor air quality; and
- 73% said they also helped reduce negative feelings.

Ambius conducted the survey in March this year, to assess the perceived value of plants in the workplace. There were 62 company participants from Australia and 67 from New Zealand.

“The survey confirmed some of the findings of research conducted at the University of Technology Sydney, Australia – that plants in an office do have a positive effect on emotions and productivity, as well as clean the toxins from the air,” said Mr Borg.



New products on show at DesignEX



Ambius recently participated in the DesignEX trade exhibition aimed at Architects and Interior Designers in Melbourne, Australia. **Ambius** showcased the new Zoie Planters in a “carnival of colours”. These planters, designed by award winning Helen Kontouris, are now available in three sizes (small, medium and large) and available in eye catching colours and design options. For new Zoie planters for your office, ask your **Ambius** Plantscape Consultant or Technician.



Part of the Ambius display at recent DesignEX trade exhibition (for interior designers and architects) showcasing new colour range of Zoie Planters.

Plant Life Balance facebook page gets the (green) thumbs up

With over 16,000 fans in just over a month, the new **Plant Life Balance** facebook page, developed by the Nursery & Garden Industry Association (NGIA), has attracted its fair share of attention. See what all the fuss is about... become a fan yourself at: www.facebook.com/plantlifebalance



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